

June 2017

Summer Series

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 6:30pm Stadium Series	6	7 10:00am Summer Body Blast at the Street Kickoff!	8	9	10
11	12 6:30pm Stadium Series	13	14	15	16	17
18	19 6:30pm Stadium Series	20 7pm International Day of Yoga	21	22	23	24 11am - 2pm Fitness without Borders Charity Event
25	26 6:30pm Stadium Series	27	28	29	30	

HEALTHWORKS
FITNESS CENTERS FOR WOMEN

July 2016

Summer Series

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8 10am Summer Body Blast at The Street
9	10 5:30pm Summer Body Blast on the Greenway	11 6:00pm Zumba on the Esplanade	12	13	14	15 10am Summer Body Blast on The Greenway
16	17 5:30pm Summer Body Blast on the Greenway	18 3-4pm Zumba for Kids at The Street 6pm Zumba on the Esplanade	19	20	21	22 10am Summer Body Blast on The Greenway
23	24 5:30pm Summer Body Blast on the Greenway	25 6pm Zumba on the Esplanade	26	27	28	29 10am Summer Body Blast on The Greenway
30	31 5:30pm Summer Body Blast on the Greenway					

HEALTHWORKS
FITNESS CENTERS FOR WOMEN

August 2017

Summer Series

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 10am Summer Body Blast on the Greenway
6	7 5:30pm Summer Body Blast on the Greenway	8 6pm Zumba on the Esplanade 6:30pm Sunset Harbor Yoga Cruises	9 10am Summer Body Blast at The Street	10	11	12 10am Summer Body Blast on the Greenway
13	14 5:30pm Summer Body Blast on the Greenway	15 6pm Zumba on the Esplanade	16	17	18	19 10am Summer Body Blast on the Greenway 10am Summer Body Blast at The Street
20	21 5:30pm Summer Body Blast on the Greenway	22 6pm Zumba on the Esplanade	23 6:30pm Sunset Harbor Yoga Cruises	24	25	26 10am Summer Body Blast on the Greenway
27	28 5:30pm Summer Body Blast on the Greenway	29	30	31		

September 2017

Summer Series

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16 10am Pilates at The Street with Phyl London teamTRAINING in Copley Square
17	18	19	20	21	22	23
24	25	26	27	28	29	30